



**Department of Physiology,
VMCH & RI**



**Basic Life Support
Workshop - 2026**

Because Every Second Matters

**19th & 20th February 2026
Lecture Hall 1, VMC Building**

Conducted by

Department of Physiology in association with
Department of Emergency Medicine, VMCH & RI

‘Basic Life Support’ Workshop 2025 – 2026

Date & time: 19.02.2026 and 20.02.2026 02.00 pm to 04.00 pm

Venue: Lecture Hall – 1 and Experimental Physiology lab,

Velammal Medical College Building

This year’s workshop on Basic Life support was conducted in a successful manner in two sessions in accordance with the current CBME curriculum by NMC and the current year’s schedule by the Tamil Nadu Dr. M.G.R. Medical University.

The session started with a pretest questionnaire on CPR & BLS. Followed by an interactive session on the basics of BLS, its importance and the proper techniques involved in BLS. This session was taken by Dr. Velmurugan, Senior Resident, Department of



Emergency Medicine. In this session live demo on CPR was shown with the help of medical mannequins. AECT students of AHS college helped in the live demo.

For the second session the students were split into two groups. Students of each group each group were given opportunity to practice the correct technique of administering CPR to the mannequin. This session was supervised by Dr. Velmurugan & Dr. Swarna, Postgraduate, Department of Emergency Medicine. The students were also taught Heimlich's maneuver in this session.

The session concluded with posttest questionnaire. The students found the workshop extremely useful and appreciated the opportunity available for individualized practice.





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